

14th Sunday of Ordinary Time July 3, 2011

Welcome to St. Helena Church

Our Church is a center for spiritual growth, where positive attitudes are developed, where good people become better, where hurts are healed, where lessons are learned, where friendships are developed, where marriages restless find peace, where love is alive, where God is understood, where the Holy Spirit leads, and where Jesus Christ is Lord. Together, let us spread the message of the Gospel to our neighbors.

Masses for the Week July 3rd to 10th

SATURDAY, July 2, 2011

4:30PM John & Jane Cooper

SUNDAY, July 3, 2011 14th Sunday of Ord. Time

8:00AM Dominique & Maria Nguyen

9:30AM Personal Intention

11:00AM Marie Balitzky

12:30PM Oscar Galvis

MONDAY, July 4, 2011 St. Elizabeth of Portugal

9:00AM Eddie Laboy

TUESDAY, July 5, 2011 St. Anthony Mary Zaccaria

8:00AM Charles Flood

WEDNESDAY, July 6, 2011 St. Maria Goretti

8:00AM Imelda Andres

THURSDAY, July 7, 2011

8:00AM Julia & Frank Schaller, Sr.

FRIDAY, July 8, 2011

8:00AM Anna Petrovich (10th Anniv)

SATURDAY, July 9, 2011 St. Augustine Zhao Rong & Companions

8:00AM Joseph Chiet & Rosa

4:30PM Frances Hladyk

SUNDAY, July 10, 2011 15th Sunday of Ord. Time

8:00AM James Colleran

9:30AM Personal Intention

11:00AM Deceased Members of Quinn Family

12:30PM Francisca Ruiz

*Please remember in your prayers our
deceased benefactors and friends of
St. Helena Church.*

We Remember in Prayer...Our sick

Winnie McGinty	Patricia Komly	Jim Butterly
Theresa Palmer	Taryn & Jack	Betty Masi
Judy Kovescek	Bernie Black	Rita Voras
Rita Klienknecht	Donald Panaro	Priscilla Nguyen
Geraldo Acevedo	Charles T. Benner	Charles Ball
Joseph Voras	Rosa Di Nicola	Roberta Pohl
Sharon Doneker	Joan Taft	Noreen Blyweiss
Andre Clarke	Jack Ruggero	Fressia Moya

SCRIPTURE READINGS FOR THE WEEK

SUNDAY, July 3, 2011 14th Sunday of Ord. Time

Zec 9:9-10 Rom 8:9, 11-13 Mt 11:25-30

MONDAY (04)

Gn 28:10-22a

Mt 9:18-26

TUESDAY (05)

Gn 32:23-33

Mt 9: 32-38

WEDNESDAY (06)

Gn 41:55-57; 42:5-7a, 17-24a

Mt 10: 1-7

THURSDAY (07)

Gn 44:18-21, 23b-29; 45:1-5

Mt 10: 7-15

FRIDAY (08)

Gn 46:1-7, 28-30

Mt 10: 16-23

SATURDAY (09)

Gn 49:29-32; 50:15-26a

Mt 10: 24-33

14th Sunday in Ordinary Time July 3, 2011 (A)

Reading: Matthew 11: 25-30

"Come to me, all you who are labored and are burdened and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble of heart; and you will find rest for yourselves."

Reflection: (reflection written by Sr. Louise Alff, OSF)

I remember my first retreat at the Women's Prison so clearly. It started on Thursday night as the women shuffled in with heads down, hair in front of their faces, broken spirits and bitter hearts. The last night of the retreat was a healing ritual in which the women were asked to write the names of people they needed to forgive. They then came forward and symbolically expressed their forgiveness by placing their list of names into the fire. The next morning as they came into the hall the transformation was astonishing. They stood proud, their hair was decorated with colorful pins and their faces glowed. I witnessed a resurrection! These ladies came to the retreat labored and burdened. Throughout the three days we smothered them with love, drenched them with prayers and nourished them with the faith. They eventually traded in the yokes which pressed them down and put on the yoke of Jesus. In that exchange they found renewed life. What yokes do I carry? The yoke of insignificance, fear, loneliness, anger, betrayal, grief? How long will I allow it to determine who I am? Jesus says: *"Take my yoke and you will find rest."*

Reflect:

- Do I allow Jesus' yoke to rest lightly on my shoulders or do I struggle to do things "my way"?
- What heavy burdens do I lay on the shoulders of another?

CHILDREN'S BIBLE STORY HOUR



God's Wonderful Creation

WHEN: July 3, 2011, Sunday
after the 11 am mass

WHERE: School Gym

Learn about God and experience His love through stories, prayers, songs and other fun activities! Milk and cookies will be served.

To RSVP or if you have any questions, please contact Gemma Baldon at gembaldon@gmail.com or (215) 821-9884.

Saint Helena School News

- Saint Helena School has FULL DAY Pre-K and Kindergarten classes.
- The School Office is open for the Summer during the following hours: Monday thru Thursday 8:30am to 2:00pm and Friday 8:30am to 12:00Noon.
- Summer School Hours are Monday to Thursday 8:30am to 11:30am.
- To schedule an appointment to register, please call the school office at 215-549-2947 during the business hours.
- SHS will be **introducing the NEW Common Core State Standards**

What are educational standards?

Educational standards help teachers ensure their students have the skills and knowledge they need to be successful by providing clear goals for student learning.

Why do we need educational standards?

We need standards to ensure that all students, no matter where they live, are prepared for success in postsecondary education and the workforce. Common standards will help ensure that students are receiving a high quality education consistently, from school to school and state to state. Common standards will provide a greater opportunity to share experiences and best practices within and across states that will improve our ability to best serve the needs of students. Standards do not tell teachers how to teach, but they do help teachers figure out the knowledge and skills their students should have so that teachers can build the best lessons and environments for their classrooms. Standards also help students and parents by setting clear and realistic goals for success. Standards are a first step – a key building block – in providing our young people with a high-quality education that will prepare them for success in college and work. Of course, standards are not the only thing that is needed for our children's success, but they provide an accessible roadmap for our teachers, parents, and students.

St. Helena Vacation Bible School



St. Helena Church VBS
July 11-15, 2011 12:00 Noon to 3:30pm

Contact Sr. Sophie Yondura 215-317-9168
for more information OR for an Application

2011 VBS Theme
“Hometown Nazareth: Where Jesus Was a Kid”

Cost: \$60.00 per child Includes materials & snacks
BRING BATHING SUIT & TOWEL



Adoration of the Blessed Sacrament

Did you know that we have Adoration of the Blessed Sacrament every Thursday in the chapel from 8:30am to 5:00pm? Prayer and meditation before our Lord in the Blessed Sacrament are great ways to spend some special time with Him. You can ask Him for graces for yourself or for loved ones, reflect on His Word, or just keep Him company! And it's no bother for Jesus. In fact, He very much *wants* to see you!

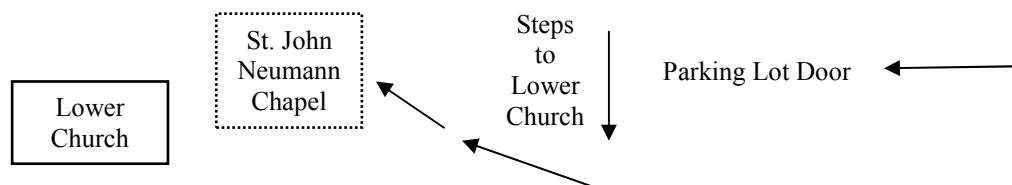
We Catholics believe that at Mass bread and wine *truly* become the *body, blood, soul and divinity* of our Lord Jesus Christ, during the Consecration by the priest. The consecrated bread, the Eucharist, in the form of wafers we call hosts, becomes what is known as the Blessed Sacrament.

Jesus appears to us at that point in the form of bread and wine. Yet, as we believe following the doctrine of what is called the Real Presence, our Lord is as present to us here *as He was to his apostles in Palestine 2000 years ago!*

Note also that, although Our Lord's blood is given out as wine during Communion, we consider that the consecrated Host comprises both our Lord's Body and blood, as mentioned above. (After all, could He be present to us in His body without His blood?)

Those consecrated hosts not used in Holy Communion at Mass are also the Blessed Sacrament and are placed in a special box known as the tabernacle to be given out later to the sick or the dying who cannot attend Mass. A host can also be exposed on the altar in what is known as a monstrance, an ornate vessel similar to the one shown above, for public worship in what is called Eucharistic adoration. Many churches have specific times during the day for adoration of our Lord exposed in the monstrance, often in the afternoons.

Go down the steps and make a quick right. Chapel is there. DO NOT GO INTO LOWER CHURCH



St. Helena Parish is a Tithing Parish since Jan. 19, 2003. God has provided for us in wonderful ways and we are committed to "making a return to the Lord for all His goodness to us." All we are and have is due to God's goodness.

Stewardship Report



6/28/09.....	\$6137.00
6/27/10.....	\$6119.00
6/26/11.....	\$5751.00

Number of Envelopes from Mass	277	Loose Collection from Mass	\$1121.00
Envelope Collection from Mass	\$3483.00	Drop Off Collection	\$1145.00
Peters Pence Collection.....		\$1054.00	
Children's Collection.....		\$2.00	



Favored by God

Last But Not Least

Today we celebrate the 14th Sunday of Ordinary Time. Even if they were equal in stature Jesus always prays to God the Father, Jesus always humbles Himself before God. A good question to ask ourselves: Do we always find time to pray to God to praise Him and thank Him? Do we always humble ourselves before God? Sometimes there's a tendency for us to forget God and be proud of our achievements. Because we have the education and money, we are swept away from God by these material things that it tend to create a false sense of security for us. Which is a big lie, no matter how learned we are, no matter how rich we are it will not guaranty our security in this world. On the latter part of the gospel Jesus invites us to come to Him for He will give us rest. Humbly come to Him by way of perpetually attending Holy Mass, humbly come to Him through the Sacrament of Confession/Reconciliation, humbly come to Him through the Sacrament communion. Once we sincerely accept His invitation, we will truly find rest in Him

This weekend we begin the month of July and I hope that you are all able to take some time to relax and recharge before the summer is over. *I would like to thanks the St. Joseph the Worker Group for their hard work over the past 3 weeks working on the air conditioner in the Lower Church. It is now up and running.*

My sincere thanks to the *Vietnamese Community for their donation of \$5,000.00*, to the *Le Family for their donation of \$5,000.00* and to the *Dang for their donation of \$2,000.00*. These donations helped defer the cost of the repairs to the Lower Church air conditioner. *To the Tran Family* who purchased 18 ceiling fans for the Lower Church, and to *Maria Nguyen and the St. Joseph Group* for the beautiful flower gardens in the front of the Rectory.

Vacation Bible School will begin this week from *July 11th to 15th for children ages 4 to 9 (grades pre-k to 3)*. We still have some openings! If interested, contact Sr. Sophie. *Our Jackpot Lottery will be on vacation for the month of July. Tickets will be sold during July and put in the August 4th drawing.*

I remind you that we still have some openings in our classrooms for the upcoming school year. *The school office is open Monday thru Thursday from 8:30 am until 2:00pm and on Friday from 8:30am to 12:00Noon.* If you would like to register or would like information, please call the office at 215-549-2947.

Finally, *anyone who still owes Tuition, Lunch or Cares Fees may come to the rectory office Monday thru Friday from 9:00 am until 4:00pm* to take care of these bills. Thank you for your attention to these matters. Thanks for reading...have a great week.

Your brother and shepherd,
Rev. Msgr. Joseph Trinh